

One Day Surgery Times

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From the Editors Desk:

The advances in medical science goes hand in hand with the advancement of technology and its proper use and application in modern medicine.

It is true, that, the progress made in One Day Surgery is mostly due to refined instrumentation, better anaesthetic drugs and the willingness to keep up with and utilise these techniques for the betterment of our patients.

Goes without saying, that, the complete medical care system or services revolve around the patient. A good doctor always strives to offer the best for his / her patient, within the available means. The best judge of a patients needs are his / her doctor. And, as a doctor you would want to be upto date on the latest. Therefore, it has always been my effort to bring to you something useful.

In this issue, the advances made in instrumentation is to make you look slimmer and fitter, in the shortest and safest period of time. Mind you, there are two sides of every coin. It should be our interest to look at the other side.

Happy reading!

- Dr. T. Naresh Row

From Flab to Fab! with Vaser Liposelection

What is VASER Liposelection?

VASER® LipoSelection® is a minimally invasive procedure using ultrasound technology that precisely and efficiently removes unwanted body fat. This procedure is usually done under sedation, and involves rapid healing and low to minimal pain.

People come in all different shapes and sizes. Every body type has areas that are predisposed to fat storage and, even with rigorous diet and exercise, those unwanted bulges often persist. Patented VASER® technology and the advanced VASER Lipo technique now offer a safe alternative for ridding yourself of those stubborn fat deposits to provide you a smooth new shape with fast

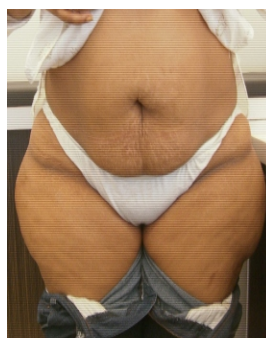
recovery.

Is it different from traditional liposuction?

VASER Lipo is a minimally invasive procedure that precisely and efficiently removes unwanted body fat. An alternative to the harsh techniques of traditional liposuction, VASER Lipo uses state-of-the-art ultrasound technology designed to gently reshape your body. What distinguishes the VASER Lipo procedure is its ability to differentiate targeted fat from other important tissues - such as nerves, blood vessels and connective tissue. Innovative VASER technology breaks up fat while conserving these other important tissues. Only the VASER Lipo procedure uses the proprietary VASER System to first liquefy fat and then remove it from the body to promote smooth results and rapid healing with only low to minimal pain. Traditional Liposuction uses high-pressure suction, which avulses (tears out) all tissues from the targeted areas, including blood vessels and nerves, leading to bleeding, bruising and pain.

What happens during VASER Lipo?

First, the area to be reshaped is filled with a special saline solution that helps numb the site and shrink the blood vessels (to minimize blood loss and reduce bruising). This solution wets and fills the area to be treated, making it easier to break up fatty tissue with the VASER Lipo System's ultrasound energy. Then a small probe



Before



After 2 months

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transmits sound energy (similar to that used for cataract removal from the eye) to fragment fatty tissue on contact while leaving other important tissues largely intact. VASER sound energy simply bounces off other types of tissues while dissolving the less dense fat cells. Finally, the liquefied fat is removed through a gentle suction process designed to minimize damage to surrounding tissues.

Is VASER Lipo right for me?

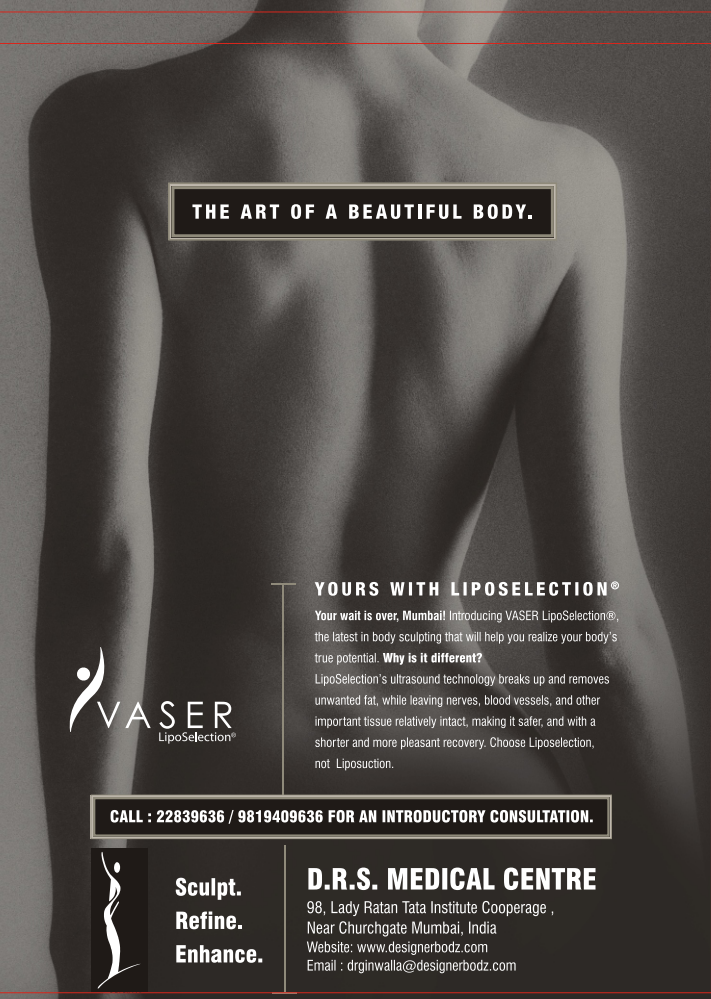
If you are frustrated by the resistance of certain body areas to diet and exercise, VASER Lipo can provide a solution. If you are healthy and seeking a fast, low-pain solution for losing stubborn fat deposits, the Lipo procedure could be your answer. Patients who say they would have never considered liposuction are now finding the VASER Lipo procedure is a minimally invasive option for the achievement of their body reshaping goals.

What Areas Of My Body Can Be Sculpted?


VASER Body Sculpting can be done effectively on almost all areas of the body, the common ones being the abdomen (tummy), "love handles", backs, thighs, hips, knees, arms, neck and chin. It can even be safely used on the calves and the breasts.

Where will the VASER Body Sculpting procedure be done?

Procedures are performed in a sterile environment in a hospital or Day care setting making the procedure safe, convenient and comfortable.




THE ART OF A BEAUTIFUL BODY.



YOURS WITH LIPOSELECTION®

Your wait is over, Mumbai! Introducing VASER LipoSelection®, the latest in body sculpting that will help you realize your body's true potential. **Why is it different?** LipoSelection's ultrasound technology breaks up and removes unwanted fat, while leaving nerves, blood vessels, and other important tissue relatively intact, making it safer, and with a shorter and more pleasant recovery. Choose LipoSelection, not Liposuction.

CALL : 22839636 / 9819409636 FOR AN INTRODUCTORY CONSULTATION.



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Courtesy: Sound surgical technology, USA



Surgery & discharge on same day for:
Hernia, Piles, Fistula, Fissure, Diabetic foot, Pilonidal sinus, Ingrown toe nail, Lipoma, Sebaceous cyst, Abscess, Circumcision, Vasectomy, D & C, Tubal Ligation, Diagnostic Lap;etc. (In selected cases)
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Dr. Ginwalla with the machine

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