



One Day Surgery Times

Volume 7 no. 7-8-9

Issue: July-August-Sept 2018

Editor:
Dr. T. Naresh Row

Board:
Dr. Paras Jain
Dr. T. Seema Row
Dr. Kishore Adyanthaya
Dr. Bharat Shah
Ms. Smita Khanna

A monthly publication of One Day Surgery India Private Limited Free for Distribution

www.onedaysurgeryindia.com

13th IAAS, International Congress on Ambulatory Surgery
27-29 May, 2019. Porto-Portugal
www.iaascongress2019.com

41st ACRSICON 2018:

The 41st National Conference of The Association of Colon and Rectal Surgeons of India was held in Kolkatta from 21st - 23rd Sept. 2018. The City of Joy, rolled out its best in academics for all Surgeons.

Had the privilege to present a Video lecture, on Local anaesthesia for Coloproctology, highlighting the possibility of discharging the patient as Day Care.

A well attended program, of over 400 delegates with interest in the use of Local anaesthesia in Colorectal, benign anal diseases.



The 13th International Association for Ambulatory Surgery Congress is being held in the beautiful city of Porto, Portugal, from 27th to 29th May, 2019.

Registration is open and for the Members of The Indian Association for Day Surgery, it is reduced to Euro 400/- till the 31st March. Abstracts can also be sent online with various accommodation offers. In fact, interested can send an email to info@daysurgeryindia.org and if we have 20 or more interested Members, we can ask for a further reduction on Registration fees.

Porto is a very colourful and quaint city in the northern part of Portugal, situated on the river Douro, and is famous for the Port wine, from where Goa gets its Wine making. If there are sufficient numbers, we could get a tour organised for Spain-Portugal, very beautiful countries. Do login and have a look.



Coloproctology under local anaesthesia: Video lecture

ANNOUNCEMENT

Members of The Indian Association of Day Surgery are requested to:

1) Send their correct & working email ID to info@daysurgeryindia.org

As decided earlier, we are going paperless, and all communications will be via email, so don't miss out.

2) Another Issue of The Day Surgery Journal of India is due for publication in March 2019. Send in your articles in the correct format, via email, before 7th Feb. 2019.

Ambulatory Surgery: The Indian Perspective.

Continued...Final..

They got together with the sole purpose of furthering the concept of day surgery in the country by increasing the awareness among the patients, creating training facilities for the surgeons and working with government agencies to help them make policies which will be beneficial to all.

The Association has to address these issues one by one and quickly, so that soon we will be in a position to contribute to the national economy by reducing costs and reducing the loss of time. This would minimise the financial losses faced by an individual and increase his work output, thereby helping in the national growth.

Correspondence: One Day Surgery Center-Babulnath Hospital, 15, Sadguru sadan, Opp. Babulnath Mandir, Mumbai-400 007

Tel.: 022 23674758 / 23755221; **E-mail:** info@onedaysurgeryindia.com

Paucity of funds has been the main deterrent in achieving your goals, but it is hoped that the perseverance and devotion of a few dedicated surgeons will extensively establish Ambulatory surgery in India.

We have started by proposing protocols for patient selection and setting up of centres for the safe and successful delivery of surgical care to the patient. Help will be provided in the form of technical know-how in setting up and running of the centre to Govt., NGO or private agencies. More interaction is needed between the Association and the policy making agencies for devising ways and means to take day surgery to the rural India.

In addition to making Day surgery a part of regular CME programmes, we should also encourage other agencies to take up Lectures, workshops and seminars, targeting the young trainee surgeons by exposing them to day surgery in their medical institutions.

Indian Journal of Day Surgery will be published yearly, to begin with, giving day surgeons a platform to share their experiences and also learn from others, from India and abroad.

More information regarding the Association can be gathered from the recently launched website: www.daysurgeryindia.org

It seems that, a revolution of sorts would be required to bring about the betterment of Ambulatory or Day Care Surgery in India. This can only happen with a combined effort by the GP's, physicians, surgeons, hospital administrators and insurance companies.

Conclusion:

Keeping in mind the safety of the patient, with all due precautions and careful patient selection, meticulous preparation, day surgery has a wide safety margin and good success rates. It has economical benefits, which, developing nation like India, with 29% of its population living below the poverty line, cannot afford to ignore. Its 20% urban population with not enough time to spare would tremendously benefit by popularising the concept of Day surgery. There is little doubt that, like anywhere in the world, Day surgery will be the Future of Modern Surgery, in India too.

References and Further reading:

1. Siddharth Narain. In a critical condition, Cover story, Frontline, June 18, 2004, 19-20.
2. Statistical outline of India 2004-2005, Tata Services Limited, Department of Economics and Statistics.
3. Mukhopaddhya G., Ancient Hindu Surgery: Ancient Medical author & their works, 1994, 1-22.
4. Davis James E. Major Ambulatory Surgery Today, 1987, USA, 6-7.
5. Nicoll JH. The Surgery of infancy, Br. Med J, 1909, 2:753.
6. Bradshaw E.G. et al. The development of day surgery: Day Care Surgery, Anaesthesia and Management, 1989, 1-10.
7. Izant RJ, Non operative aspects of paediatric surgery, Report of 27 Ross paediatric research conference. Columbus, Ohio, 1957.
8. Palmbo LT, et al. Results of primary inguinal herniorrhaphy as an outpatient procedure. Lancet. 1955; ii, 517-19.
9. American medical Association: Factors responsible for increasing costs of medical care. Chicago, American Medical Association, 1979.
10. Cloud DT Reed WA Ford JL. Surgi-center: A fresh concept in Outpatient Paediatric Surgery: J Paediatr Surgery, 1972, 7:206.
11. Cloud DT. Outpatient paediatric Surgery: A Surgeons View. Intl. Anaesthetol cli. 1976, 14:130.
12. Reed RA, Ford JL : Development of an independent outpatient centre. Int Anaesthesiol Clin 1976,14:130.
13. Darzi. A., Dept. of Health, The Day Surgery Operational Guide, August 2002, U.K., 1-28.
14. Davis James E. Major Ambulatory Surgery Today, 1987, USA, 33-57.
15. Row TN, Begani MM, Day Care Surgery in India. The Journal of One-Day surgery. The British Association of Day Surgery, Vol. 12, No. 4, Spring 2003, 53-54.
16. Singh S., Mukherjee A. India hits rock bottom on public health spending: Times News Network.

- Dr. T. Naresh Row



Surgery & discharge on same day for:
Hernia, Piles, Fistula, Fissure, Diabetic foot, Pilonidal sinus, Ingrown toe nail, Lipoma, Sebaceous cyst, Abscess, Circumcision, Vasectomy, D & C, Tubal Ligation, Diagnostic Lap; etc. (In selected cases)
Extended stay: Appendix, Gall stones, Hysterectomy, etc.

Other Surgeries related to: Paediatric, Urology, Plastic, ENT, Vascular. Chemotherapy & related treatment. (Please take prior appointment).



UKAS
ACCREDITED
013-A
ISO 9001:2008 CERTIFIED ORGANISATION

ONE DAY SURGERY CENTER

Newly renovated and upgraded facility for Day Care Surgery with 24 hours nursing & extended stay facility

1st Floor, Sadguru sadan, Babulnath Road, Opp. Babulnath Mandir, Mumbai-400 007
For appointments: 022 23674758, 23675221
Email: info@onedaysurgeryindia.com,
Website: www.onedaysurgeryindia.com



Patient's convenience and safety is our prime concern.

Printed by: Dr. T. Naresh Row, **Published by:** Dr. T. Naresh Row, **Owned by:** Dr. T. Naresh Row, **Printed at:** Gemini Printing Press, 33/A, Kanbai wadi, Khadilkar Road, C.P. Tank, 1st fl., Opp. Pooja Cards, Mumbai-400 004. **Published at** One Day Surgery Center, 15, Sadguru sadan, Babulnath Road, Mumbai-400 007. **Editor:** Dr. T. Naresh Row