

One Day Surgery Times

Volume 13 no. 3

Issue: August 2016

Editor:
Dr. T. Naresh Row

Board:
Dr. Paras Jain
Dr. T. Seema Row
Dr. Kishore Adyanthaya
Dr. Bharat Shah
Ms. Smita Khanna

A monthly publication of One Day Surgery India Private Limited Free for Distribution

www.onedaysurgeryindia.com

ISUCRS 2016 & ACRSICON 2016

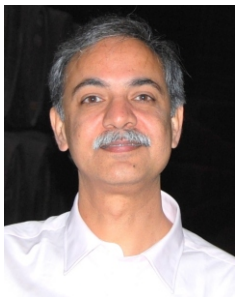
23rd - 25th September, 2016 at Trident, Nariman Point, Mumbai.

Www.isucrs2016mumbai.com

Greetings!

More activities related to One Day Surgery which I would like to share with you.

A completely new and updated website: www.daysurgeryindia.org is up and ready. Please log on and send in your comments.



11th CME and Clinical Meet: 24th July at Wockhart Hospital, Mira-Bhayander, was held on Diabetic Foot Disease, by Mumbai Surgical Society.

Case presented on: Diabetic foot as Day Care. Presenter: Dr. Naresh Row.

Organised by: Dr. Kishore Adyanthaya and Dr. Niranjana Agarwal, both Member of The Indian Association of Day Surgery.



Surgical Society, Thana:

Guest Lecture, on: 31st July at Bhiwandi, 'Day Care Surgery: a concept in Surgical Management'.

Presented by: Dr. Naresh Row.

Organised by Dr. Ram Mali, President, Thana Surgical Society and Member, The Indian Association of Day Surgery.

Inspite of torrential rains, was very well attended.



"Loco-Regional Anaesthesia for Anal Surgery and Day Care Surgery in ColoProctology"

Invited Lecture on 19th Aug 2016. With Prof. K. Rajeshwar Reddy.

Institute of Contemporary Ayurved Research & Education, R. A. Podar Medical College, Mumbai

Surgery in the new millenium-all in a day's work.

Daive Lomanto*, McArthur Conrado A. Salonga, Jr., Henry C. Chua,

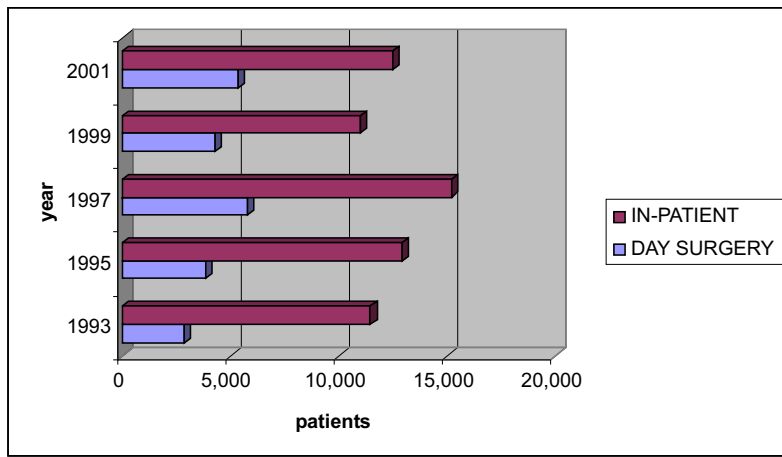
(*Director, Minimally Invasive Surgical Centre, National University Hospital, Singapore.)

Continued from last Issue.....

parathyroidectomy, thoracoscopic sympathectomy, and soon cholecystectomy, to be discharged on the same day. Initial results were encouraging, with no major complications and complaints from the patient, nor the hospital.

The figures on the table show a steady increase in the number of day surgery patients. The year 2004 showed 5,161 patients operated under day surgery with 5,170 admitted for major surgeries. A variance of 1% is noted when 2004 and 2005 day surgery cases were compared. The year 2006 revealed 6,471 for day surgery and 6,433 subsequently for inpatient procedures. This results to a variance of 17% for day surgery.

Figure 1 - Foreign Patients Day Surgery & In-patients: 1993 - 2002



The data above shows a progressive increase in the number of day surgeries performed indirectly reflecting the safety and acceptance of protocols employed for proper patient selection undergoing selected major surgeries in the ambulatory setting.

Table 3: Comparative Results of Day Surgery and Out Patient Procedures from Year 2004-2006 (National University Hospital Singapore)

YEAR	DAY SURGERY	VARIANCE	IN -PATIENT	VARIANCE
2004	5161	1%	5170	15%
2005	5232		6103	
2006	6471	17%	6433	

Table 1: Day Surgery - 1997 and 1998 (Singapore Hospitals)

Country	Year 1997	Year 1998	Change	% change
Indonesia	3,205	1,374	-1,831	-57.1%
Malaysia	1,381	1,022	-359	-26.0%
USA or Canada	178	214	36	20.2%
UK	44	63	19	43.2%
India, Pakistan or Sri Lanka	123	164	41	33.3%
Australia or New Zealand	53	61	8	15.1%
Brunei	81	58	-23	-28.4%
Hongkong	16	10	-6	-37.5%
Japan	28	23	-5	-17.9%
Korea	20	3	-17	-85.0%
Philippines	35	36	1	2.9%
Taiwan	13	5	-8	-61.5%
Thailand	15	12	-3	-20.0%
Other nationalities	574	475	-99	-17.2%
TOTAL*	5,767	3,522	-2,245	-38.9%

Table 4: Cases performed by each subspecialty at the Day Surgery Centre from 2004 2005 (National University Hospital - Singapore).

Department	Total
Colorectal	2,498
General Surgery	1,551
Hepatobiliary	137
Neurosurgery	4
Paediatric Surgery	459
Plastic Surgery	512

Among the 6 specialty divisions of the department, majority of cases were performed by the colorectal surgery group and this included hemorrhoidectomy, fistulectomy, drainage of abscesses, etc. General surgery had 1,551 patients comprising of breast surgery, herniorrhaphy, skin tumors and lesions.


Table 2: Day Surgery Average Growth 5 year average

COUNTRY	1993-1997	1998-2002	+/- (In% points)
Indonesia	+27%	+28.3%	+1.4
Malaysia	+26.3%	+7.1%	-19.2
Brunei	+16.8%	+19.0%	+2.2
Philippines	+26.5%	+28.1%	+1.6
Thailand	+85.0%	+17.7%	-67.3
American or Canadian	+23.2%	+11.5%	-11.8
Britain	+18.9%	+35.6%	+16.8
Japan	+14.2%	+38.0%	+23.8
Hongkong	+34.5%	+25.3%	-9.2
Taiwan	+29.2%	+33.3%	+4.1
Korea	+67.9%	+10.4%	-57.5
Australia/New Zealand	+18.3%	+18.4%	+0.0
India/Pakistan/Sri Lanka	+36.7%	-1.6%	-38.3
Other nationalities	+18.5%	+15.3%	-3.2
TOTAL*	+24.7%	+18.1%	

At present, our hospital policy is to continue Day Surgery procedures, whenever it is possible, for several reasons: reduce the surgical trauma, early return to normal daily activities and less cost for the patient; for the hospital: to accommodate more patients and achieve its goal of performing more major procedures in the congested main operating theatres.



The promise of better surgical care for this millennium is certainly dawning. Exciting changes are transforming the practice of medicine into a less invasive and yet more effective and efficient University Hospital and probably the rest of the world, is a more

Concluding part, to be continued, in the next issue.....



Surgery & discharge on same day for:
 Hernia, Piles, Fistula, Fissure, Diabetic foot, Pilonidal sinus, Ingrown toe nail, Lipoma, Sebaceous cyst, Abscess, Circumcision, Vasectomy, D & C, Tubal Ligation, Diagnostic Lap; etc. (In selected cases)
Extended stay: Appendix, Gall stones, Hystrectomy, etc.

Other Surgeries related to: Paediatric, Urology, Plastic, ENT, Vascular. Chemotherapy & related treatment. (Please take prior appointment).

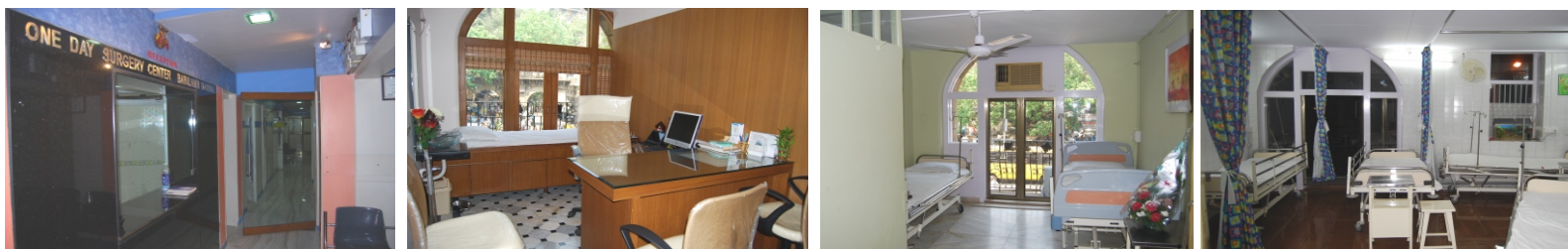



ISO 9001:2008 CERTIFIED ORGANISATION

One Day Surgery Center

An exclusive Day Care Surgery Center with 24 hours nursing care & extended stay facility

15, Sadguru sadan, Opp. Babulnath Mandir, Babulnath Road, Mumbai-400 007. **Tel.:** 23674758, 23675221
E-Mail: tnareshrow@hotmail.com **Web:** onedayurgeryindia.com



Patient's convenience and safety is our prime concern.