

One Day Surgery Times

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ADSCON 2018

9th National Conference of The Indian Association of Day Surgery 3rd & 4th March, 2018, at Warangal, Telangana.



ADSCON 2018

The Scientific Program is almost ready and will be put up on the website: www.adscon2018.com shortly.

There are very nice hotels and the ride from Hyderabad to Warangal is not tedious. Kazipet Railway Junction is very well connected for most directions.

We intend to cover almost all surgical specialities, as the theme of the Conference is 'Developments in Day Care Surgery: something for everyone'. The National and International faculty will cover topics on Protocols to make Day surgery safe and successful. As well as, Lap Day Surgery and Body Sculpting as Day Care, by Dr. Rustum Ginwalla.

Workshop will be conducted by Dr. Niranjan Agarwal, President, The Association of Colon and Rectal Surgeons of India & a Guest Lecture.

This years prestigious Day Surgery Oration will be delivered by none other than Dr. Ian Jackson, from York, UK. He has many roles, professionally an anaesthesiologist, moved on to take his center to Europe's largest Day Surgery within the NHS, as its Director. He became the Editor of BADS, The British Journal on Day Surgery, then President of British Association of Day Surgery, moved on to be the President of The International Association for Ambulatory Surgery and has written several book on Day Surgery and International Protocols, which are followed world wide. He is an encyclopedia of knowledge on Day Surgery among other things.

Dr. Corinne Vons, is a Senior General Surgeon at the University Hospital of Paris. Currently the President of The French Association of Ambulatory Surgery. She has been active in Organising the First ever European Congress on Ambulatory Surgery along with The International Association for Ambulatory Surgery.

Dr. D. D. Gaur, a pioneer in Retro-peritoneoscopy, with the Balloon technique to his name. A Urologist of International repute, will share his philosophical experiences with us.

Dr. M. G. Bhat, a senior Laparoscopic Surgeon at Manipal Hospital Bengaluru. President, The Indian Society of Ambulatory Surgery, Past President, IAGES & Hernia Society of India, will take us through the journey of Laparoscopy in Day Surgery.

Dr. Mahesh Reddy, Hon. Secretary, ISAS, an Orthopod, specializes in

Shoulder arthroscopies and Surgeries, trains surgeons from all over the country.

Several of our own Committee members will deliver lectures on Protocols and Guidelines for a Safe and successful Day Surgery.

Dr. M. M. Begani, Past President, Will be speaking on Setting up of A Day Surgery Center.

Dr. Kishore Adyanthaya, Vice-President, will highlight the importance of Discharge Protocols.

Dr. Bhavinder Arora, from Rohtak, Will speak on Definitions and different Nomenclatures, as there Are several names to Day Care Surgery in the world.

Dr. B. Roshan Kumar will speak on The Importance of Protocols in general.

Dr. Nanda Kishore, a will deliver a Very important lecture on the Protocols of patient selection And preparation.

Dr. S. Rangalakshmi, an anaesthesiologist, will be talking on the Most important aspect of Day Surgery, that is, Anaestheis Protocols.

Dr. B. Vijay Bhasker, the Organising President, and Dr. K. Ramesh, The Organising Secretary, have Put togther a team, locally, from Warangal and Hyderabad, who Will fill in the gaps and significantly contribute to the Conference.



Yours truly, will appraise you of the progress of Day Surgery in India.

Consultants

PG's & Students

Nurses & Paramedics

2000

1000

1000

For Communication:
APATI LAPAROSCOPY & DAY CARE SURGICAL CENTRE

Cell: 9848 45 40 45, 7337 222 104

2500

1500

1500

3000

2000

2000

Ambulatory surgery: The Indian perspective.

Continued.....

USA- Minor Ambulatory surgery or out patient surgery, as that, where care is provided to non-hospitalised patients with immediate discharge. Local anaesthesia is almost invariably used.

Major Ambulatory Surgery is defined as surgery done under GA, Regional or LA, in which a period of post-operative recovery and / or observation is required before the patient is discharged home later the same day. (14)

Working Definition:

We propose: Day care or ambulatory surgery is one wherein the patient is discharged on the same day of surgery or an invasive procedure. These patients require a fully equipped operation theater facility. Depending on the type of anaesthesia used, require a few hours of observation, thus, avoiding hospitalization. (15)

Nomenclature:

Day surgery is known by several names world over. The most commonly in use are: Day Case, Day Surgery, Major / Minor Ambulatory Surgery, 23-hours surgery, One-Day surgery, In & Out surgery, OPD procedures, etc. In our country, it is most prevalently known as Day Care surgery.

Statistics:

These have been taken from 3 leading Public hospitals and 2 Private Hospital, situated in the city of Mumbai. They are amongst the largest hospitals in the country. Their total bed strength is 5997 and they cater to approximately 1.5 million patients every year. Surgical OPD attendance is 258,889 patients, all surgical specialities combined. Of these patients, 80,991 underwent surgical procedures during the year 2003-2004.

The number of Day Surgery cases, including Minor and OPD procedures, was 36,239 surgeries. Out of which 27,138 would come under the category of Minor / OPD cases. Making True Day Surgery cases a mere 9,101, that is, 11.23% of the total number of cases being performed in this sample study. Most of the hospitals perform Day surgery as part of the regular surgical list.

Table I: Day Surgery in Nursing Homes (2003-2004):

Cases	Beds	Cases/Bed
853	7	121.85
928	25	37.12
300	5	60
1500	11	136.36
480	12	40
400	6	66.66
	853 928 300 1500 480	853 7 928 25 300 5 1500 11 480 12

Surgery & discharge on same day for:

Hernia, Piles, Fistula, Fissure, Diabetic foot, Pilonidal sinus, Ingrown toe nail, Lipoma, Sebaceous cyst, Abscess,

Circumsician, Vasectomy, D & C, Tubal Ligation, Diagnostic Lap; etc. (In selected cases)

Extended stay: Appendix, Gall stones, Hystrectomy, etc.

Other Surgeries related to: Paediatric, Urology, Plastic, ENT, Vascular. Chemotherapy & related treatment. (Please take prior appointment).



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Table I shows a one year (2003-2004) statistics of Day Surgery cases performed in Private Nursing Homes in the city of Mumbai. The proportion of beds to the number of cases performed clearly shows that Ophthalmology has taken the lead, performing 136.36 cases/bed/year. Urology being the lowest, that is, 37.12 cases/bed/year. These have been taken from centres run by leading surgeons with several years of practice; the given numbers are major cases, performed as true day care surgery. Theses are surgeons who are closely associated with the propagation of day surgery.

Discussion:

The criteria's for patient selection and preparation remain similar to those followed all over the world with a few variations to suit the local needs.

The sheer size of the population and lack of funds have made Heath care more and more dependent on Private sector which is sometimes out of bounds to the poor patient.

In a recent study, the expenditure as percent of the GDP, from 175 countries shows:

India to be spending 0.9% in the Public sector, 4.2% in the Private sector, totalling 5.1% of the GDP. Whereas, the USA spends 6.2% in the Public sector and 7.7% in the Private sector, totalling to 13.9% of its GDP. India stands 171st in expenditure on its Public health care system. In contrast with the rank of 18th in the world, in terms of expenditure in the Private Health Care sector. (16)

The statistics show, that as compared to Western medical centres, where Day surgery is a well established modality of dispensing surgical care, we are lagging far behind.

Amongst all the surgical specialities, less than 15% of cases operated upon are true Day Cases. The bulk of these patients come from the specialities of Ophthalmology and ENT, followed by Gynaecology and General surgery. The other super-specialities contribute only a small fraction.

In the USA, nearly 40 million cases were performed as Day surgery last year. In the UK, during the year 2003, 50% of the cases were performed as Day surgery, which has been projected to increase upto 75% in the year 2005. The NHS is overburdened by the sheer number of cases they have to operate, making a waiting period of more that 2 months for simple surgical cases. The cost cutting in the USA on healthcare spending, mostly by the medical insurance companies, has lead to the development of Ambulatory surgery, which works out to be very economical.

To be completed.....

Dr. T. Naresh Row, President

One Day Surgery Center

An exclusive Day Care Surgery Center with 24 hours nursing care & extended stay facility

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Patient's convenience and safety is our prime concern.

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