

One Day Surgery Times

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Editor:

Dr. T. Naresh Row

Board:

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From the editor's desk:

MASICON 2015:

Recently concluded
37th Conference of Maharashtra State
Chapter of Association of Surgeons of India
saw the presence of several Members of
The Indian Association of Day Surgery.

Out of these, three presentations, pertaining to Day Surgery, will be shared in this issue. The first announcement about the formation of The Indian Association of Day Surgery was made during MASICON 2003 in Nagpur, in the same venue.

Dr. Santosh Rawlani from Nashik, presented a paper on 'Day Care Laparoscopic Appendectomy', who presented a series of over 600 cases as Day Case. The presentation was much appreciated.

'Excision and Primary Closure of Pilonidal sinus as Day Care' and 'Diabetic foot as Day Care' were two papers presented by me from data from our Center. Highlighting the Protocols of Day Surgery and possibilities in Day Care setting. The Talks were for 8 min each, but the discussion went on for more than 15 min each. This shows the persistent interest in Day Surgery. But, unfortunately, not much data is available on Day surgery. It may be that either we are not doing enough Day Surgery or we are not documenting and collecting data. Both, are detrimental to the progress of Day Surgery in India. I sincerely request all to compile all data for a good presentation.

Dr. D. U. Pathak, from Jabalpur, presented a paper on a newer innovation: 'Sub-Mucosa Ligation of Fistula Tract for Ano-rectal fistula', this paper won the Best Presentation award in the Last Day Surgery Conference, ADSCON 2014, held in Chennai. These patients were discharged as Day Case.

More papers on Day Care Surgery are needed for the concept to grow.

- Dr. T. Naresh Row



Dr. Santosh Rawlani, Nashik



Dr. T. Naresh Row, Mumbai



Dr. D. U. Pathak, Jabalpur



'Diabetic foot as Day Surgery'



Dr. S. Rawlani & Dr. T. N. Row 'Lap. Appendectomy as Day Case'



Correspondence: One Day Surgery Center-Babulnath Hospital, 15, Sadguru sadan, Opp. Babulnath Mandir, Mumbai-400 007

Tel.: +91 22 23674758, 23675221; **E-mail:** nareshrow@hotmail.com

Lindsay Roberts FRACS, Australia.

In February 1981, a working party was formed by the Royal Australasian College of Surgeons, the Faculty of Anaesthetists of the Royal Australasian College of Surgeons (now the Australian and New Zealand College of Anaesthetists), the Australian Association of Surgeons and the Australian Society of Anaesthetists with the inclusion of a group of co-opted members, to prepare the first manual of standards for day surgery. This manual, "Day Surgery; Report and Recommendations", was published in September 1981 and revised in 1987 and 1997. An expanded revision was completed in July 2004.

In 1987, recognising the potential for future expansion of day surgery, the working party was formalised as a committee and in 1988 changed its name to the National Day Surgery Committee. It was during this same period that an accreditation process was established by the Australian Council on Hospital Standards (now the Australian Council on Healthcare Standards). Clinical Indicators, specifically applicable to day surgery were prepared in 1994 and have been successfully introduced for quality assessment of day surgery practice.

By 1996, the Committee was soundly established as the most informed body on day surgery in Australia. Its activities in all aspects of day surgery practice were expanding; especially the preparation of standards, and its membership had increased to include co-opted representatives from all organisations involved in the provision of procedural services within the health care system. The estimated ultimate potential for day surgery had increased from 50% to 75% (possibly more) of all operations/procedures. Having regard to these increased activities and responsibilities, together with its enhanced authority, the committee changed its name to the Australian Day Surgery Council in October 1996 and continues as such today.

The first modern, purpose designed and constructed free standing day surgery centre was built in Dandenong, Victoria in 1982 and the first free standing centre on the campus of a public hospital, Campbelltown, NSW in 1984. By 1993 there were 83 such centres; however their numbers have increased rapidly over the past decade - today there are 248 freestanding day surgery centres in Australia and they continue to be built.

Since the publication of "Day Surgery; Report and Recommendations" 1981, the Australian Day Surgery Council has reiterated its stance of equal support for hospital based day surgery units and free standing centres however the development of hospital based units has lagged behind. It is acknowledged that a considerable volume of day surgery is practiced in hospitals, approximately 50% of all operations/procedures. About one third of private hospitals have day surgery units however I am unaware of any data indicating the number of public hospitals that have dedicated day surgery units. Anecdotally, it seems that most day surgery patients in public

hospitals are located in ward beds or, at most, in a day surgery ward. This apparent failure of the public hospital system to fully utilise all the patient and cost efficiencies and benefits of day surgery should be addressed as a matter of urgency.

The International Association for Ambulatory Surgery was formed in 1995 and Australia (Australian Day Surgery Council) is a foundation member. Initially located in Brussels, the Central Office was transferred to London (Royal College of Surgeons building) in 2004. The official journal of the Association is "Ambulatory Surgery". Currently it has 15 full members, five Associate members (including the Australian Day Surgery Nurses Association) and numerous individual members.


An important initiative of the Association was the preparation of International Definitions of Ambulatory Surgery, which have been translated into 10 languages. Criteria of standards for various aspects of day surgery practice have also been written and this process will continue. The Association considers these initiatives very important to facilitate the comparison of day surgery practice from one country to another and to assist in the development of this high quality, cost effective procedural service in those countries where it has not been introduced.

The Association holds second yearly International Congresses on Ambulatory Surgery. So far, there have been five Congresses Brussels, London, Venice, Geneva and Boston; they have all been very successful. The next four Congresses are to be held in Seville (2005), Amsterdam (2007), Brisbane (2009) and Aarhus (2011).

The Australian Day Surgery Nurses Association was formed in 1995 and is totally focused on the advancement of the highest quality, safe nursing practice in day surgery centres/units. It has over 700 members and conducts regular conferences and education sessions for nurses throughout the country. It publishes a journal, three times a year, called "Day Surgery Australia"; it has also produced "Best Practice Guidelines" and they are a credit to them. The ADSNA is a member of the Australian Day Surgery Council and the International Association for Ambulatory Surgery.


(To be continued)

Appeal
Dear Members,
Another issue of Day Surgery Journal
will be published in April 2015,
Please send in your articles by 1st week of March.



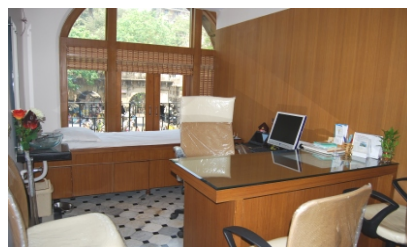
Surgery & discharge on same day for:
Hernia, Piles, Fistula, Fissure, Diabetic foot,
Pilonidal sinus, Ingrown toe nail,
Lipoma, Sebaceous cyst, Abscess,
Circumcision, Vasectomy, D & C, Tubal
Ligation, Diagnostic Lap; etc. (In selected cases)
Extended stay: Appendix, Gall stones, Hystrectomy, etc.

Other Surgeries related to: Paediatric, Urology, Plastic, ENT, Vascular. Chemotherapy
& related treatment. (Please take prior appointment).



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15, Sadguru sadan, Opp. Babulnath Mandir, Babulnath Road,
Mumbai-400 007. **Tel.:** 23674758, **Fax:** 2367 5221
E-mail: nareshrow@hotmail.com **Web:** www.one-daysurgeryindia.com



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